



- Montag -

	Karl-Mauch-Halle Teil 1 Teil 2 Teil 3	Gym-Halle	TV-Halle	Feuerwehr- gerätehaus	Ev. Gemeindehaus	Hallenbad
07:30						
07:45						
08:00						
08:15						
08:30						
08:45						
09:00	Karl Mauch Schule					
09:15						
09:30	11.30 - 13.05					
09:45						
10:00				GSP Qi Gong Fitness Fernost 9.30 - 10.30		
10:15						
10:30						
10:45						
11:00						
11:15						
11:30		Ev. - Kiga				
11:45						
12:00		11.30 - 12.30				
12:15						
12:30						
12:45						
13:00						
13:15						
13:30						
13:45						
14:00						
14:15		KiSS				
14:30						
14:45	Hallenreinigung	14.15 - 15.15				KiSS
15:00						
15:15		KiSS		GSP Yoga 15.00 - 16.00		13.45 - 16.45
15:30		15.15 - 16.15	KiSS			
15:45	Handball		15.00 - 17.00			
16:00	15.15 - 17.00	KiSS				
16:15		16.15 - 17.15		GSP Yoga 16.45 - 17.45		
16:30						
16:45		17.15 - 18.15				
17:00	Handball					
17:15						
17:30	17.00 - 18.30		Turnen RSG			
17:45				GSP Yoga 18.00 - 19.00		
18:00						
18:15						
18:30	Volleyball					
18:45	19.00 - 20.30					
19:00						
19:15	Handball					
19:30	18.30 - 20.00					
19:45						
20:00						
20:15						
20:30		Tanzen	Turnen Frauen-Gymnastik			
20:45	Jedermann Sport	19.00 - 22.00	20.15 - 21.15			
21:00	Männer					
21:15	20.00 - 22.00					
21:30						
21:45						
22:00						
22:15						
22:30						
22:45						
23:00						

- Dienstag -

	Karl-Mauch-Halle Teil 1 Teil 2 Teil 3	Gym-Halle	TV-Halle	Feuerwehr- gerätehaus	Ev. Gemeindehaus	Hallenbad
07:30						
07:45						
08:00			Turnen Seniorengymnastik 8.00 - 9.00			
08:15						
08:30						
08:45						
09:00	Karl Mauch Schule		GSP Fitness-Gymn. 9.00 - 10.00	Gesundheitssport Ba Duan Jin 9.00 - 10.00		
09:15						
09:30	7.45 - 9.20					
09:45						
10:00	11.30 - 13.05	Kath - Kiga				
10:15						
10:30		9.25 - 12.15	GSP WS/Rückenfit 10.30 - 11.30		GSP Locker vom Hocker 10:30 - 11:30	
10:45						
11:00						
11:15						
11:30						
11:45						
12:00						
12:15						
12:30						
12:45						
13:00						
13:15						
13:30						
13:45						
14:00	KiSS					
14:15			KiSS			
14:30	14.00 - 15.00		14.15. - 15.15			
14:45						
15:00	KiSS		KiSS			
15:15			15.15 - 16.15			
15:30	15.00 - 16.00					
15:45						
16:00						
16:15			KiSS			
16:30			16.15 - 17.15			
16:45						
17:00			GSP Five 17.15 - 18.00	GSP Wirbelsäulen 17.30 - 18.30		KiSS 16.30 - 18.45
17:15						
17:30	Handball		GSP Zumba 18.15 - 19.15	GSP Wirbelsäulen 18.30 - 19.30		
17:45	17.15 - 22.00					
18:00		Tischtennis				
18:15						
18:30						
18:45						
19:00						
19:15						
19:30			Turnen Frauen-Gymnastik 19.30 - 20.30	GSP Pilates 19.30 - 20.30		
19:45						
20:00		21.00 - 22.00		GSP Mobility-Training 20.30 - 21.15		
20:15						
20:30						
20:45						
21:00			Volleyball			
21:15						
21:30			Freizeitmixed			
21:45						
22:00			20.30 - 23.00			
22:15						
22:30						
22:45						
23:00						

THALLENBELEGUNG - WINTER

- Mittwoch -

	Karl-Mauch-Halle Teil 1 Teil 2 Teil 3	Gym-Halle	TV-Halle	Feuerwehr- gerätehaus	SpvGG Halle	Diakonie Schloßschule	Hallenbad
07:30							
07:45							
08:00							
08:15							
08:30							
08:45							
09:00	Karl Mauch Schule	Altes Schulhaus		GSP Yoga 9.00 - 10.00			
09:15							
09:30	9.40 - 13.05	8.30 - 12.00	Kiga Kirchstrasse				
09:45							
10:00			9.00 - 12.00				
10:15				GSP Yoga 10.15- 11.15			
10:30							
10:45							
11:00							
11:15							
11:30							
11:45							
12:00							
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00			Turnen Kinder 2 1/2- 4 Jahre 14.00 - 15.00				
14:15	KiSS			GSP Seniorentanz 14.30 - 16.00			
14:30	14.30 - 15.30						
14:45							
15:00	KiSS						
15:15	15.30 - 17.00						
15:30							
15:45	KiSS						
16:00	15.30 - 17.00						
16:15							
16:30							
16:45							
17:00	Kommentar beachten ! Fussball	Physio Fündling	Volleyball				GSP Aquafitness 17.30 - 18.15
17:15	17.00 - 18.30	17:30 - 18:30	17.00 -20.00				GSP Aquafitness 18.15 - 19.00
17:30							
17:45							
18:00							
18:15							
18:30	Handball	Turnen Step Aerobic					
18:45	18.30 - 20.00	18.45 - 19.45					
19:00							
19:15							
19:30							
19:45							
20:00	Kommentar beachten ! Fussball		Tanzen	GSP Fitnesspower 19:30 - 20:45	Tanzen 19.30 - 22.00		
20:15	20.00 - 22.00		20.15 - 22.00				
20:30							
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22:00							
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22:30							
22:45							
23:00							

- Donnerstag -

	Karl-Mauch-Halle Teil 1 Teil 2 Teil 3	Gym-Halle	TV-Halle	Feuerwehr- gerätehaus	Outdoor Roter Platz	Haldenschule	Hallenbad
07:30							
07:45							
08:00							
08:15							
08:30		Karl Mauch Schule					
08:45							
09:00	Karl Mauch Schule	8.00 - 10.00	Gymn. / Aerobic 8.30 - 9.30				
09:15							
09:30	7.45 - 13.05						
09:45							
10:00				GSP Fitnessmix 10.00 - 11.00			
10:15							
10:30		Kiga Lummerland					
10:45							
11:00							
11:15							
11:30		10:15 - 12:15					
11:45							
12:00							
12:15							
12:30							
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13:15							
13:30							
13:45							
14:00							
14:15							
14:30	KiSS						
14:45							
15:00	14.30 - 15.30		KiSS			KiSS	
15:15						15.00 - 16.00	
15:30	KiSS		15.00 - 16.00			Halle gesperrt	
15:45						KiSS	
16:00	15.30 - 16.30		KiSS			16.00 - 17.00	
16:15			16.00 - 17.00			Halle gesperrt	
16:30							
16:45							
17:00							
17:15							
17:30	Handball						
17:45							
18:00	17.30 - 22.00		Tischtennis Jugend				
18:15			17.30 - 19.45				
18:30							
18:45							
19:00		Tischtennis					
19:15		17.30 - 22.00					
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23:00							

- Samstag -

	Karl-Mauch-Halle Teil 1 Teil 2 Teil 3	Gym-Halle	TV-Halle	Feuerwehr- gerätehaus	Diakonie	Hallenbad
07:30						
07:45						
08:00						
08:15						
08:30						
08:45						
09:00	Turnen Rhythmische Sportgymnastik 9:00 - 12:00					
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Tauchen
 17.00 - 19.00
 vierzehntägig